










WEEK 3

WINTER MENU 2018



Option	Monday 'Meat Free'	Tuesday	Wednesday	Thursday	Friday
Main	 NEW Jacket Potato with Cheese or Coleslaw	NEW Cottage Pie with Cheesy Mash	Roast Chicken	Pork Meatballs 	Jumbo Fish Fingers
Vegetarian	Quorn Bolognaise	NEW Gardeners Pie (Butternut Squash, Carrots, Sweetcorn and Broccoli with a cheesy mash top)	NEW  Red Leicester Cheese and Leek Flan	NEW Quorn and Vegetable Stir Fry	Omelette 
Sides	Baked Beans	 Sliced Carrots and Gravy	Sage and Onion Stuffing, Yorkshire Pudding, Gravy, Roast Potatoes, Sliced Carrots and Peas	 Tomato Spaghetti	Crispy Chips, Peas or Baked Beans
Lighter Option	Hot Pasta Pot with Cheese, Coleslaw or Baked Beans	NEW Jacket Potato with a Broccoli and Cheese Sauce	 NEW Hot Roast Chicken Baguette	Jacket Potato with Baked Beans	Pasta Pot with Ham and Pineapple
Salad Bar	Available	Not Available	Not available	Available	 Available
Dessert	NEW  Jammy Cup Cake	Sticky Toffee Cake with Ice Cream	Fruit Pots	NEW Chocolate sponge with Chocolate Custard	NEW Lemon Drizzle Cake

Week 1: 29/10, 19/11, 10/12, 14/1, 4/2, 4/3, 25/3 **Week 2:** 5/11, 26/11, 17/12, 21/11, 11/2, 11/3 **Week 3:** 12/11, 3/12, 7/1, 28/1, 25/2, 18/3

Also available Daily: Fresh Fruit/Muller Corner Yoghurts, Fresh Milk, Water and Homemade Bread

Using Local Suppliers- Humphreys Butchers & Maldon Fruit and Vegetables.