











WEEK 2

WINTER MENU 2018



| Option | Monday 'Meat Free' | Tuesday | Wednesday | Thursday | Friday |
|---------------------------|---|--|---|---|---|
| Main |  Macaroni Cheese | NEW  Sticky Sausages | Roast Gammon, Yorkshire Pudding | Chicken Italienne (Nacho Topping)  | Chicken Chunks |
| Vegetarian | Veggie Burger in a Bun with Optional | Sweet Potato Rosti with a Tomato Sauce |  Herby Quorn Fillet | Vegetable Chow Mein | Quorn Dippers  |
| Sides | Peas |  Cheesy Mash and Sweetcorn | Sage and Onion Stuffing and Gravy New Potatoes and Seasonal Vegetables | Green Beans and Rice  | Crispy Chips, Peas or Baked Beans |
| Lighter Option | Jacket Potato with Cheese and Coleslaw | Hot Pasta topped with a homemade Tomato Sauce and Grated Cheese | Hot Roast Gammon Baguette | Jacket Potato with Quorn Sausages and Baked Beans | NEW Jacket Potato with Chilli-Con-Carne |
| Salad Bar | Available | Not Available | Not available | Available |  Available |
| Dessert | NEW Chocolate  Oat Cookie | NEW Winterberry Jelly with Squirry Cream |  Fresh Fruit Salad | Cherry Bakewell Sponge and Custard | Autumn Traybake with an Apple Wedge |

Week 1: 14/1, 4/2, 4/3, 18/3, 22/4, 13/5. Week 2: 21/1, 11/2, 11/3, 1/4, 29/4, 20/5. Week 3: 7/1, 28/1, 25/2, 25/3, 6/5.

Also available Daily: Fresh Fruit/Muller Corner Yoghurts, Fresh Milk, Water and Homemade Bread

Using Local Suppliers- Humphreys Butchers & Maldon Fruit and Vegetables.