

WEEK 1**Summer Menu 2019**

Option	Monday 'Meat Free'	Tuesday	Wednesday 'Roast Day'	Thursday	Friday
Main	Cheese & Tomato Pizza	All Day Breakfast Sausage and Bacon	Roast Turkey, Sage & Onion Stuffing, Yorkshire Pudding & Gravy	NEW Homemade Beef Lasagne	NEW Harry Ramsdens Fish Fillet with Optional Tomato Sauce
Vegetarian	NEW Hawaiian Pizza (Sweetcorn & Pineapple)	2 Veggie Sausages	NEW Mediterranean Veg Rice Patty	Macaroni Cheese	NEW Vegetable Frittata
Lighter Option	Grated Cheese Wrap	NEW Bacon, Lettuce & Tomato Roll served with Salad	Hot Roast Turkey served in a Baguette	Tuna Mayo Roll	Chicken Mayo & Sweetcorn Roll
All with a choice of Sides	Corn on the cob Couscous Salad	Omelette, Baked Beans, Mushrooms, Tomatoes and Bread	Roast Potatoes, Fresh Carrots and Peas	Garlic Bread & Homemade Coleslaw	Crispy Chips & Peas
Salad Bar	Available	Not Available	Not available	Available	Available
Dessert	Fresh Fruit & Ice Cream	NEW Vanilla Cheesecake	NEW Chunky Chocolate Flapjack	NEW Melon & Strawberries	NEW Victoria Sponge Finger

Week 1: 2/9, 23/9, 14/10 Week 2: 9/9, 30/9, 21/10 Week 3: 16/9, 7/10

Also available Daily: Fresh Fruit, Yoghurts, Fresh Milk, Water and Homemade Bread

Using Local Suppliers- Humphreys Butchers & Maldon Fruit and Vegetables.