



## Summer Menu 2019





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	Option	Monday 'Meat Free'	Tuesday	Wednesday 'Roast Day'	Thursday	Friday
id	Main	<b>NEW</b> Veggie Hot Dog	<b>NEW</b> Beef & Macaroni Cheese Pasta Bake	Roast Gammon, Yorkshire Pudding, Sage and Onion Stuffing and Gravy	<b>NEW</b> Sticky Chicken	Birds Eye Chunky Fish Finger
1000	Vegetarian	<b>NEW</b> Veggie Chilli Dog	Sweet Potato Rosti with a Tomato Sauce	Vegetable Strudel	<b>NEW</b> Vegetable Sweet Chilli Noodles	<b>NEW</b> Boston Bean Burger
	Lighter Option	Cheese Wrap	Chicken Roll	Hot Roast Gammon Baguette	Tuna Wrap	Ham Baguette
	All with a choice of Sides	1/2 Jacket Potato with Baked Beans	Garlic Bread and Sweetcorn	Roast Potatoes, Fresh Carrots & Peas	Sunshine Rice	Crispy Chips & Peas
J	Salad Bar	Available	Available	Not available	Available	Available
1	Dessert	<b>NEW</b> Flapjack Bite with an Apple Wedge	<b>NEW</b> Chocolate Sponge Finger with Chocolate Sauce	<b>NEW</b> Pips 100% Organic Fruit Ice Lolly	<b>NEW</b> Melon Boats with an Orange & Cherry Twist	<b>NEW</b> Frozen Yoghurt Pot served with a Fruit Wedge

Week 1:2/9, 23/9, 14/10 Week 2:9/9, 30/9, 21/10 Week3: 16/9, 7/10

Also available Daily: Fresh Fruit, Yoghurts, Fresh Milk, Water and Homemade Bread Using Local Suppliers- Humphreys Butchers & Maldon Fruit and Vegetables.