PHYSICAL EDUCATION CURRICULUM

Competence • movement • teamwork • competition • healthy lives

OUR INTENT Children develop physical competence, confidence and enjoyment so they can participate safely, cooperate, compete and sustain active, healthy lives.

CURRICULUM STRANDS Fundamental movement • games • gymnastics • dance • athletics • outdoor adventure • swimming • health and fitness

How learning develops

EYFS	Develop coordination, balance, spatial awareness and confidence through active play, movement, dance and games.
KEY STAGE 1	Master fundamental movement, apply skills in simple games, perform dance and gymnastics, cooperate and describe how activity affects the body.
KEY STAGE 2	Apply skills tactically across sports, perform and evaluate, compete fairly, develop stamina, experience outdoor challenge and meet swimming expectations.

Assessable end points

BY THE END OF KS1	BY THE END OF KS2
Move with control, apply basic skills in games and performances, cooperate safely and explain why activity is healthy.	Select and apply skills, tactics and compositional ideas with control; evaluate performance; collaborate and compete responsibly.

What pupils learn to do in the subject

SUBJECT PRACTICE Practise • perform • observe • adapt • apply tactics • collaborate • compete • evaluate

ESSENTIAL LANGUAGE balance • coordination • agility • control • sequence • tactic • stamina • teamwork • evaluate • fair play

Implementation, inclusion and impact

- Teachers revisit prior learning, teach precise vocabulary, model subject thinking and give pupils opportunities to apply knowledge with increasing independence.
- Adaptive teaching, clear explanations, carefully chosen resources and appropriate scaffolds enable all pupils to access an ambitious curriculum.
- Teachers check what pupils remember, understand and can apply through discussion, observation, work and carefully chosen tasks—not through unnecessary evidence collection.

HOW FAMILIES CAN HELP Be active together; practise throwing, catching, balance and cycling; celebrate effort, teamwork and personal improvement.

WEBSITE NOTE This one-page summary should be read with the detailed Great Leighs curriculum progression and unit end-point document, which remains the authoritative teaching sequence.